PRESS KIT

Paris Shears

Survivor Advocate · Campaigner · Founder of Paris's Law

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Media enquiries: parisshears@parisshears.co.uk

SHORT BIOGRAPHY

Paris Shears is a UK survivor advocate and the founder of Paris's Law, a campaign seeking reform of how late guilty pleas are treated in coercive control and domestic abuse cases. Her UK Parliament petition attracted more than 107,000 signatures and was debated in Westminster Hall on 19 October 2026. Paris speaks about coercive control, the experiences of survivors navigating the criminal justice system, sentencing reform and meaningful victim protection, and contributes to news coverage and public conversations about justice reform.

FULL BIOGRAPHY

Paris Shears is a UK survivor advocate and the founder of Paris's Law, a campaign seeking reform of how late guilty pleas are treated in coercive control and domestic abuse cases. She speaks publicly, under her own name, about coercive control, the experiences of survivors navigating the criminal justice system, sentencing reform and meaningful victim protection.

Her campaigning grew from her own experience of the justice process. After more than 530 days preparing to give evidence, the trial did not go ahead when the defendant changed his plea on the day it was due to begin. Paris began asking why a plea entered so late could still earn a reduction in sentence, and what that means for survivors who have carried the weight of a trial for many months.

In April 2026 she launched a UK Parliament petition setting out the proposal now known as Paris's Law. It attracted more than 107,000 signatures and was debated by MPs in Westminster Hall on 19 October 2026.

Paris's work has been reported by outlets including BBC News, The Telegraph, LBC, Metro, The Sun and the Daily Echo, and she has taken part in long-form podcast conversations about coercive control and justice. Her focus is practical: helping coercive control to be recognised sooner, making the court process more workable for survivors, and ensuring that protection for victims is meaningful in practice rather than only on paper.

She continues to advocate for reform alongside survivors and supporters across the UK.

PARIS'S LAW

Proposed reform · Not law

A call for legislation so that defendants charged with controlling or coercive behaviour cannot receive a sentence reduction for a guilty plea entered after first pleading not guilty.

Paris's Law is a proposal for change. It was debated by MPs in Westminster Hall on 19 October 2026, but that

debate did not change the law. Paris's Law has not been passed, and the current sentencing rules still apply.

Official campaign website: https://www.parislaw.co.uk
UK Parliament petition: https://petition.parliament.uk/petitions/764553

KEY CAMPAIGN MILESTONES

21 April 2026

Petition published

UK Parliament petition 764553, “Remove sentence reductions for guilty pleas in controlling and coercive cases”, is published and opens for signatures.

11 May 2026

Government responds

After passing 10,000 signatures, the petition receives a written response from the Ministry of Justice. It says later guilty pleas already receive a substantially lower reduction in sentence.

18 May 2026

100,000 signatures

The petition passes 100,000 signatures, so the Petitions Committee will consider it for debate in Parliament.

May 2026

National coverage

BBC News, LBC, Metro and The Sun report on the campaign.

16 July 2026

Debate scheduled

Parliament confirms the petition will be debated on 19 October 2026.

August 2026

Survivors' march

Survivors and supporters march in support of Paris's Law and justice reform, marking the launch of the National Survivors Justice Coalition.

19 October 2026

Debated in Westminster Hall

MPs debate e-petition 764553. Responding for the Government, the minister says it is not currently persuaded to remove guilty plea reductions for this offence, and sets out wider support for victims. The debate does not change the law.

21 October 2026

Petition closes

The petition closes with 107,159 signatures. Paris continues to advocate for reform.

SELECTED MEDIA COVERAGE

BBC News · Digital · 20 October 2026

Abuse campaigner sees late-plea changes debated

bbc.co.uk (click the title to open)

Crime Analyst · Podcast · 9 August 2026

The 530-Day Trap — with Paris Shears (Part 1)

zeno.fm (click the title to open)

The Telegraph · Newspaper · 9 July 2026

Campaigning to reform domestic abuse sentencing

telegraph.co.uk (click the title to open)

Daily Echo · Newspaper · 16 June 2026

Paris's Law hits 100,000 signatures and will go to Parliament

dailyecho.co.uk (click the title to open)

PHOTOGRAPHY

Photography awaiting approval

A portrait of Paris Shears is shown below. Its use for press purposes is still awaiting Paris's approval and confirmation of the photographer's credit.

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MEDIA ENQUIRIES

parisshears@parisshears.co.uk

Interview requests and participation are subject to Paris's availability and agreement.